



July 2026 Menu

Name: _____

Address: _____

Route: _____

Attached is our Monthly Menu Selection Order Form for you to complete.

The number of meals you are allocated by your care manager, is the number of meals you may select each week. You can order different meals each week or you may order more than one of your favorite meal each week. Keep in mind, while we do our best to accommodate your requested meal selection, please be aware that orders may contain substitutions based of product availability.

The Monthly Menu Selection Order Form may include a few days from the prior month or days for the next month.

Please return your Monthly Menu Selection Order Form, within two weeks upon receiving this menu, to your driver. If we do not receive a menu request from you, we will select the meals for you. At any time, you wish to make changes to your order, please give us a call.

REMINDER: If you are NOT going to be home to receive your meal, please let us know so that we can reschedule your delivery.

If you have any questions, please give us a call at 513-867-6222.

This is for your records.
Please return the last page to your driver.

	Meal Choices	June 29 – July 3	July 6-10	July 13-17	July 20-24	July 27-31
All Year	Baked Chicken					
	Cabbage Rolls					
	Cheese Omelet					
	Cheeseburger					
	Chicken and Dumplings					
	Chicken Alfredo					
	Chicken Florentine					
	Chicken Parmesan					
	Chicken Strips					
	Country Fried Steak					
	Creamed Chip Beef					
	Glazed Ham					
	Hickory Smoked Pulled Chicken					
	Kielbasa					
	Mac & Cheese					
	Meat Lasagna					
	Meatloaf					
	Pancakes					
	Pork Roast					
	Pot Roast					
	Roasted Vegetable Lasagna					
	Salisbury Steak					
	Sausage Gravy Biscuits					
	Skyline Chili					
	Sloppy Joe					
	Soup Beans					
	Spaghetti & Meatballs					
	Stuffed Peppers					
	Turkey					
	Western Omelet					
Seasonal	Items listed below available from July 1 to September 30.					
	Beef Stew					
	Beef Stroganoff					
	Cheese Lasagna					
	Egg/Bacon Scramble					
	Hickory Smoked Pull Pork					

Monthly Meals

Milk or juice, butter, bread and fruit will be provided with all meals

Beef

- Pot Roast - Mashed Potatoes, carrots
- Country Fried Steak - Mashed Potatoes, Green Beans
- Meatloaf - Scalloped Potatoes, Peas
- Skyline Chili - Black Beans, Corn
- Stuffed Peppers – Lima Bean, Cauliflower
- Salisbury Steak - Mashed Potatoes, Peas
- Cheeseburger - Baked Beans, Creamed Corn
- Creamed Chip Beef with Biscuit - Mashed Potatoes, Carrots
- Cabbage Rolls - Baby Bakers, Green Beans
- Sloppy Joe - Baked Beans, Corn

Pasta

- Spaghetti & Meatballs - Mixed Vegetables, Broccoli
- Mac and Cheese - Stewed Tomatoes, Peas
- Meat Lasagna - Broccoli, Corn
- Roasted Vegetable Lasagna - Brussels Sprouts, Applesauce

Pork

- Pork Roast - au Gratin Potatoes, Green Beans
- Glazed Ham - Sweet Potatoes, Green Beans
- Kielbasas/Kraut - Mashed Potatoes, Cinnamon Apples
- Soup Beans with Ham - Oven Potatoes, Spinach

Poultry

- Chicken Parmesan – Broccoli, Cauliflower
- Chicken & Dumplings – Beets
- Turkey - Sweet Potatoes, Corn
- Chicken Florentine – Brussels Sprouts, Carrots
- Hickory Smoked Pulled Chicken - Creamed Corn, Oven Fries
- Chicken Strips - Tater Tots, Peas
- Chicken Alfredo - Broccoli, Carrots
- Baked Chicken with Gravy - Scalloped Potatoes, Spinach

Breakfast

- Biscuits & Sausage Gravy - Oven Potatoes, Cinnamon Apples
- Western Omelet - Oven Potatoes, Cinnamon Apples
- Cheese Omelet – Oven Potatoes, Cinnamon Apples
- Pancakes - Sausage Links, Hash Browns, Cinnamon Apples



Seasonal Meals

These entrées are only available from July 1 – September 30.

- Beef Stew-applesauce Green Beans
- Cheese Lasagna - Broccoli, Carrots
- Hickory Smoked Pulled Pork - Baked Beans, Tater tots
- Egg/Bacon Cheddar Scramble - Escalloped Apples, Potatoes and Onions
- Beef Stroganoff with Noodles - Carrots, Cauliflower

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based of product availability.

Name _____

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Please check or indicate the number of meals you would like to receive during the week.

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