



**March, 2025 Meals on Wheels - Frozen Pack Choice**

**Be sure to give your choices to your driver as soon as possible**

**in order to receive your chosen meals. Please keep this copy for your records.**

**Instructions:**

On the YELLOW sheet, please indicate your meal choice. For example, if you receive a Pack of 5 each week and you would like Option B. You will circle 5 B

You may chose Option A one week and Option B the next or Option C the following week. You may also choose to have the same option every week.

Option A Green Bag	Option B Blue Bag	Option C Red Bag
Meals will include one or more of the following.	Meals will include one or more of the following.	Meals are produced in house.
Beef Stew Cheese Ravioli Turkey Tetrizzini Chicken with Gravy Salisbury Steak Chicken Parmesan Cheese Tortellini	Georgia Brunswick Stew Cheese Lasagna Turkey w/ gravy Chicken Ala King Meatloaf Macaroni and Cheese Cheddar Mac & Beef	Managers Choice

*\* Meals may be subject to change prior to delivery based on the availability of items  
 Milk, butter, bread and fruit will be provided with all meals.  
 If you have any questions, please give us a call at 513-867-6222*