



February, 2025 Meals on Wheels

Be sure to give your choices to your driver **BY THE 10th OF THE MONTH**
 in order to receive your chosen meals. Please keep this copy for your records

All holiday meals are packed fresh, stored and delivered frozen to ensure quality. Holidays are denoted in the calendar below

Monday	Tuesday	Wednesday	Thursday	Friday	2 Pack Frozen Meals
<p>3</p> <p>A. Chopped Steak w/mushroom gravy Mashed Potatoes Carrots and Peas</p> <p>B. Meatloaf Mashed Potatoes Carrots</p>	<p>4</p> <p>A. Cheeseburger Potatoes O'Brien Baked Beans</p> <p>B. BBQ Chicken Peas Cream Corn</p>	<p>5</p> <p>A. Chicken Marsala with Noodles Mixed Vegetables Cauliflower</p> <p>B. Vegetable Quiche Hash Brown Cinnamon Apples</p>	<p>6</p> <p>A. Beef Stew Diced Potatoes Corn</p> <p>B. Country Fried Steak Diced Potatoes Corn</p>	<p>7</p> <p>A. Stuffed Shells Green Beans Cauliflower</p> <p>B. Stuffed Pepper Green Beans</p>	<p>Pack 2 A</p> <p>Pack 2 B</p> <p>Pack 2 C</p>
<p>10</p> <p>A. Swiss Steak Sweet Potatoes Lima Beans</p> <p>B. Ham Sweet Potatoes Lima Beans</p>	<p>11</p> <p>A. Chili Corn Baby Bakers</p> <p>B. Chicken Strips Baby Bakers Corn</p>	<p>12</p> <p>A. Chicken Salad Beets Macaroni Salad</p> <p>B. Pancakes & Sausage Hash Brown Cinnamon Apples</p>	<p>13</p> <p>A. Pot Roast Mashed Potatoes Green Beans</p> <p>B. Salisbury Steak Mashed Potatoes Green Beans</p>	<p>14</p> <p>A. Sloppy Joe Scalloped Potatoes Peas</p> <p>B. Chicken & Dumplings Peas Carrots</p>	<p>Pack 2 A</p> <p>Pack 2 B</p> <p>Pack 2 C</p>
<p>17</p> <p>A. Chicken Alfredo Mixed Vegetables Brussels Sprouts</p> <p>B. Mac and Cheese Mixed Vegetables Brussels Sprouts</p>	<p>18</p> <p>A. Beef Ravioli Carrots Lima Beans</p> <p>B. Crispy Chicken Carrots Lima Beans</p>	<p>19</p> <p>A Turkey and Gravy Sweet Tater Puffs Corn</p> <p>B. Chicken Wings Sweet Tater Puffs Corn</p>	<p>20</p> <p>A. Hawaiian Chicken Baby Bakers Corn</p> <p>B. Italian Sausage Baby Bakers Onions and Red Peppers</p>	<p>21</p> <p>A. Pulled BBQ Pork Tater Tots Creamed Corn</p> <p>B. Sausage Gravy & Biscuit Eggs and Potatoes O'Brien Cinnamon Apples</p>	<p>Pack 2 A</p> <p>Pack 2 B</p> <p>Pack 2 C</p>
<p>24</p> <p>A. Cheese Lasagna Spinach Mixed Vegetables</p> <p>B. Beef Stroganoff Spinach Mixed Vegetables</p>	<p>25</p> <p>A. Chicken Stir Fry Fried Rice & Vegetables Cauliflower</p> <p>B. BBQ Riblet Au Gratin Potatoes Lima Beans</p>	<p>26</p> <p>A. Roast Pork Mashed Potatoes Green Beans</p> <p>B. Picante Chicken Mashed Potatoes Green Beans</p>	<p>27</p> <p>Chicken Florentine Broccoli Carrots</p> <p>B. Beef and Mac Broccoli Carrots</p>	<p>28</p> <p>A. Waffles and Sausage Cinnamon Apples Oven Potatoes</p> <p>B. Egg Salad Pea Salad Pears</p>	<p>Pack 2 A</p> <p>Pack 2 B</p> <p>Pack 2 C</p>
<p>* *Milk, butter, bread, and fruit will be provided with all meals** * Diabetics- will receive non starchy vegetable If you have any questions, please give us a call at 513-867-6222</p>			2 Pack Frozen Meal Choice		
			Pack 2 A	Pack 2 B	Pack 2 C
			You will receive frozen meals based on availability.		
			Manager Choice Meals produced in house.		