



July, 2024 Meals on Wheels - Frozen Pack Choice

Be sure to give your choices to your driver BY THE 10th OF THE MONTH in order to receive your chosen meals. Please keep this copy for your records

Instructions:

On the YELLOW sheet, please indicate your meal choice. For example, if you receive a Pack of 5 each week and you would like Option B. You will circle 5 B

You may chose Option A one week and Option B the next or Option C the following week. You may also choose to have the same option every week.

Option A	Option B	Option C
Meals will include one or more of the following.	Meals will include one or more of the following.	Meals are produced in house.
Beef Stew Cheese Ravioli Turkey Tetrazzini Chicken with Gravy Salisbury Steak Chicken Parmesan Cheese Tortellini	Georgia Brunswick Stew Cheese Lasagna Turkey w/ gravy Chicken Ala King Meatloaf Macaroni and Cheese Cheddar Mac & Beef	Managers Choice

** Meals may be subject to change prior to delivery based on the availability of items
 Milk, butter, bread and fruit will be provided with all meals.
 If you have any questions, please give us a call at 513-867-6222*