

YOUTHFIRST

COMMUNITY FIRST SOLUTIONS

Mental Health Counseling

Mental Health Counseling provides children and their families with personalized therapies at convenient locations. Our licensed counselors and social workers work with school officials and primary support systems to help children gain confidence as they implement a uniquely designed plan to reach their goals for health and wellness. Relevant and evidence based therapies, provided both at school and at agency locations, give children tools to increase healthy social interaction, minimize destructive behaviors and to learn positive behavioral skills.

MENTAL HEALTH COUNSELING PATH TO WELLNESS:

- Youth First will coordinate with school, courts and primary support system for collaborative quality care.
- Children/youth engage with mental health professionals at our offices and/or at their school as needed.
- We help youth and their primary support systems understand their diagnosis and how to successfully manage or overcome symptoms and barriers.
- We encourage primary support involvement throughout the treatment process.
- Pharmacological services are available if needed.
- Youth First professionals will connect clients with recommended community resources.

**We are a Trauma Informed Service Provider. Programs use evidence-based practices, including Strong Start and The Prepare curriculum.*

MENTAL HEALTH COUNSELING IS AVAILABLE AT OUR HAMILTON AND MIDDLETOWN LOCATIONS. TO REFER CONTACT, PLEASE CALL (513) 805-6106.

Appointment Reminder

Counselor's Name: _____

Appointment Date: _____ Appointment Time: _____

Hamilton: 820 Martin Luther King Jr. Blvd. | Hamilton, Ohio 45011 | (513) 887-8500

Middletown: Sonny Hill Community Center | 800 Lafayette Ave. | Middletown, Ohio 45044 | (513) 805-6106

