

YOUTHFIRST

COMMUNITY FIRST SOLUTIONS

Teen Intervention Program

At Community Behavioral Health we understand that when it comes to substance use, each struggle is unique. Our Teen Intervention Program utilizes an evidence based approach that empowers teens to acknowledge destructive decisions; recognize the emotions and circumstances that trigger their desire to use drugs and alcohol; and inspires them to embrace a lifestyle focused on wellness.

Graduates of this program learn how to break free from the cycle of drug use. They identify family and social factors that have contributed to their past use, and they learn to resist using substances in these situations. Most importantly, though, they gain a support network of professionals and peers to encourage and hold them accountable.

Teen Intervention Schedule:

Hamilton | Tuesdays & Thursdays from 4:00 - 6:00 p.m.

Middletown | Mondays & Wednesdays from 4:00 - 6:00 p.m.

TEEN INTERVENTION PROGRAM PATH TO WELLNESS:

- This is a 90-day program in lieu of probation and/or suspension or expulsion from school.
 - Teen must attend group sessions twice a week (2 hours each) and individual sessions with their counselor. Participants must maintain a high attendance rate.
 - During the program, random urine drug screens will be conducted and participants must achieve 3 consecutive negative results to graduate.
 - The teen will also attend a family session with their counselor and main support system prior to completion of treatment. We strongly advocate for primary support involvement during treatment, and maintain communication with referral sources for effective treatment.
 - Our counselors provide a safe and encouraging environment to foster the development of a sober support network and avenue for learning.
 - Counselors work closely with referral sources, including schools and probation departments to ensure compliance. Reports will be sent monthly to relay progress and/or concerns.
 - The program focuses on cognitive behavioral therapy (CBT) and motivational interviewing techniques (MI) during group and individual sessions.
- *The Teen Intervention program curriculum is based on the Teen Matrix Program from Hazelden.*

TEEN GROUPS & COUNSELING IS AVAILABLE AT OUR HAMILTON AND MIDDLETOWN LOCATIONS. TO REFER CONTACT, PLEASE CALL (513) 805-6106.

Appointment Reminder

Counselor's Name: _____

Appointment Date: _____ Appointment Time: _____

Hamilton: 820 Martin Luther King Jr. Blvd. | Hamilton, Ohio 45011 | (513) 887-8500

Middletown: Sonny Hill Community Center | 800 Lafayette Ave. | Middletown, Ohio 45044 | (513) 805-6106



Community First Solutions - A Not-For-Profit Network Since 1918

www.Community-First.org