

West Chester Activity Center prime club Daily Activities

Open Monday - Friday 9:00 AM – 5:00 PM

513.779.7360 / www.PartnersinPrime.org

MONDAY

9:00 – 5:00	Fitness Equipment Billiards Open Computer Lab Puzzles	Fitness Room Grand Lobby Computer Room Lounge
9:30 - 10:15	Silver Sneakers Classic Class (\$)	Recreation Room
9:30 – 12:00	Fitness Equipment Orientation (by appt.)	Fitness Room
10:30 – 11:00	Fit for Life (\$) ®	Fitness Room
10:30 – 11:45	Chair Volleyball Group Fitness	Recreation Room
12:00 – 12:30	Lunch	Gathering Room
12:30 – 1:30	Bingo (\$)	Lounge
12:30 – 1:30	Adeline Dancers-Line Dancing (\$)	Community Room
12:30 – 3:00	Mah Jongg	Grand Lobby
12:30 – 2:00	Table Tennis	Grand Lobby
12:30 – 3:00	Corn Hole	Recreation Room
1:00 – 3:30	Bid Euchre	Gathering Room
1:30 – 2:30	Chair Volleyball Team Practice	Recreation Room
3:00 – 5:00	Mah Jongg Class (by appt.)	Grand Lobby

TUESDAY

9:00 – 5:00	Fitness Equipment Billiards Table Tennis Open Computer Lab Puzzles	Fitness Room Grand Lobby Grand Lobby Computer Room Lounge
9:30 – 10:00	Silver Sneaker Yoga (\$)	Fitness Room
9:30 – 10:30	Nia (\$) ®	Community Room
10:00 – 11:00	Blood Pressure Clinic (2 nd) (on hold)	Grand Lobby
10:00 – 3:00	Hand & Foot (Canasta), Shanghai Rummy, Pay Me	Gathering Room Gathering Room
10:30 – 11:45	Chair Volleyball Group Fitness	Recreation Room
12:00 – 12:30	Lunch	Gathering Room
12:00 – 3:00	Party Bridge	Grand Lobby
12:30 – 3:00	Penny Poker	Gathering Room

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WEDNESDAY

9:00 – 5:00	Fitness Equipment Billiards Table Tennis Open Computer Lab Puzzles	Fitness Room Grand Lobby Grand Lobby Computer Room Lounge
9:30 – 10:15	Silver Sneakers Classic Class (\$)	Recreation Room
9:30 – 11:15	Fitness Equipment Orientation (by appt.)	Fitness Room
10:00 – 10:30	Walk “LIVE” (\$) ®	Community Room
10:30 – 11:00	Fit for Life (\$) ®	Fitness Room
10:30 – 11:45	Chair Volleyball Group Fitness	Recreation Room
12:00 – 12:30	Lunch	Gathering Room
12:30 – 1:30	Adeline Dancers-Line Dancing (\$)	Community Room
12:30 – 3:00	Corn Hole	Recreation Room
1:00 - 3:30	Euchre	Grand Lobby
1:00 - 3:00	500	Grand Lobby

THURSDAY

9:00 – 5:00	Fitness Equipment Billiards Table Tennis Open Computer Lab Puzzles	Fitness Room Grand Lobby Grand Lobby Computer Room Lounge
9:30 – 10:00	Brain Fitness (2 nd & 4 th)	Grand Lobby
10:00 – 2:30	Hand & Foot (Canasta)	Gathering Room
10:00 – 2:30	Shanghai Rummy, Pay Me	Gathering Room
10:30 – 11:45	Chair Volleyball Group Fitness	Recreation Room
12:00 – 12:30	Lunch	Gathering Room
12:00 – 3:00	Party Bridge	Grand Lobby
12:30 – 1:30	Chair Volleyball Team Practice	Recreation Room
12:30 – 3:00	Penny Poker	Gathering Room
12:30 – 3:00	Single Hand Pinochle	Lounge
12:30 – 3:00	Mah Jongg	Grand Lobby

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FRIDAY

9:00 – 5:00	Fitness Equipment Billiards Table Tennis Open Computer Lab Puzzles Ortho-bionomy (by appt.) (\$) ®	Fitness Room Grand Lobby Grand Lobby Computer Room Lounge Therapy Room
9:30 – 10:30	Silver Sneakers Classic Class	Recreation Room
10:00 – 11:45	Pokeeno (1 st , 3 rd , \$, 12 Player min. needed)	Activity Area
10:30 – 11:45	Chair Volleyball Group Fitness	Recreation Room
10:30 – 12:00	Book Club (2 nd)	Lounge
12:30 – 3:00	Corn Hole	Recreation Room
12:30 – 3:30	Hearts	Gathering Room
1:00 – 3:30	Double Hand Pinochle	Grand Lobby

\$ = fee

® = advanced registration

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